



1



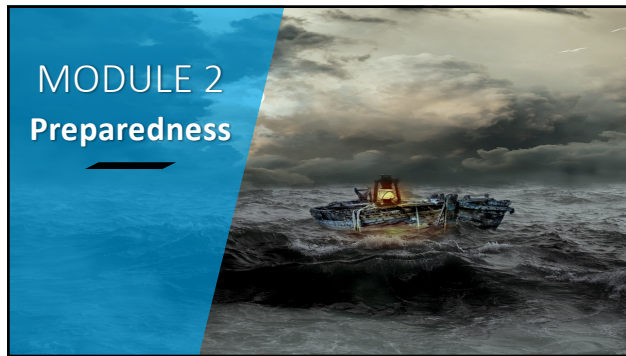
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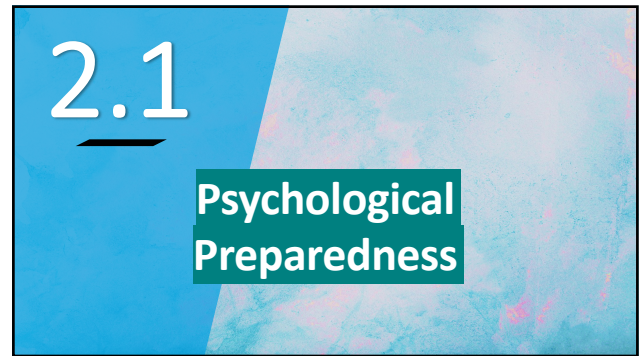
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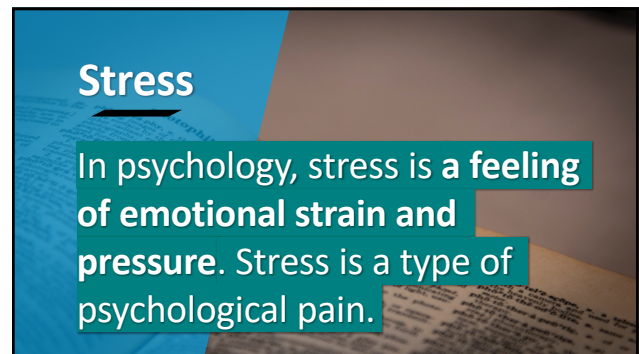
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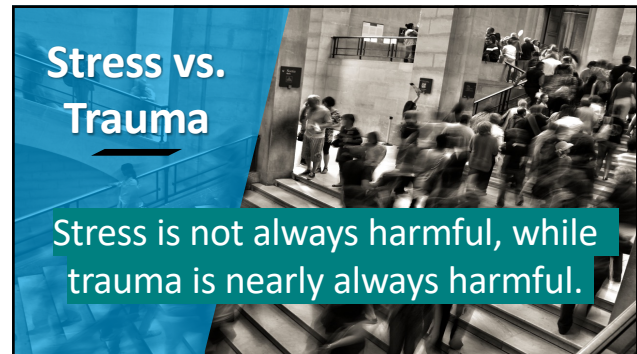
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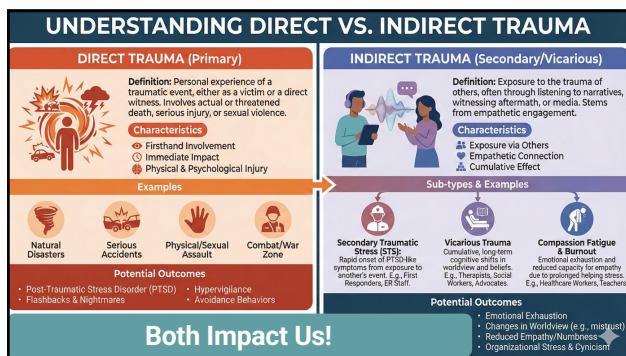
8

Four Causes of Stress Injuries 			
Trauma	Loss	Inner Conflict	Wear and Tear
A traumatic injury Due to the experience of or exposure to intense injury, horrific or gruesome experiences, or death.	A grief injury Due to the loss of people, things or parts of oneself.	A moral injury Due to behaviors or the witnessing of behaviors that violate moral values.	A fatigue injury Due to the accumulation of stress from all sources over time without sufficient rest and recovery.

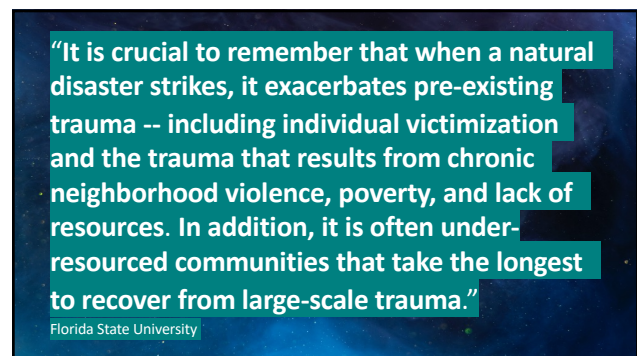
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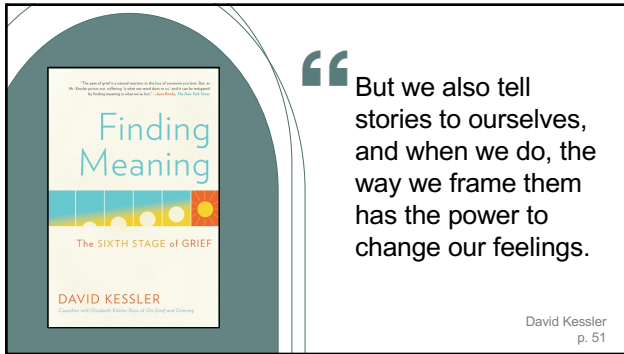
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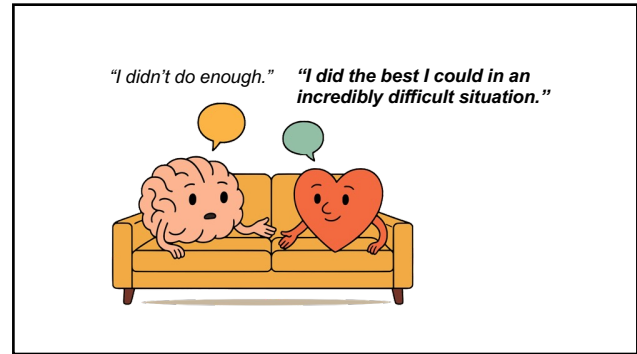
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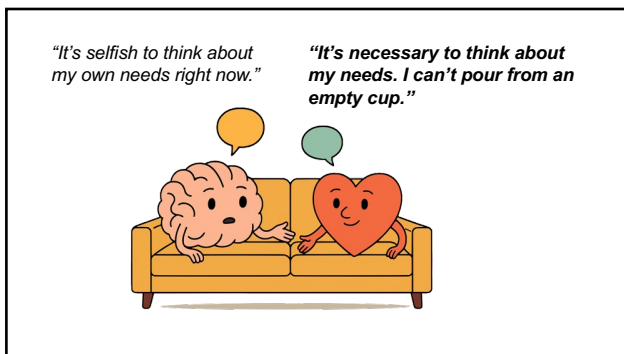
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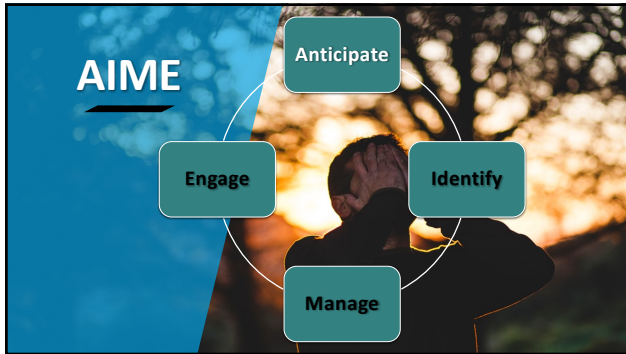
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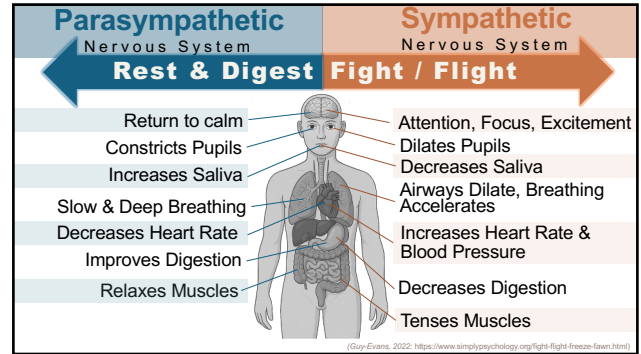
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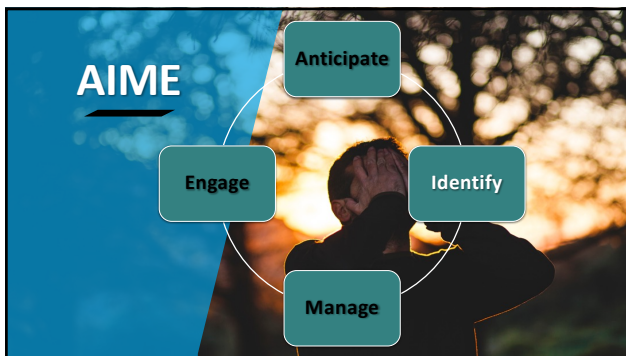
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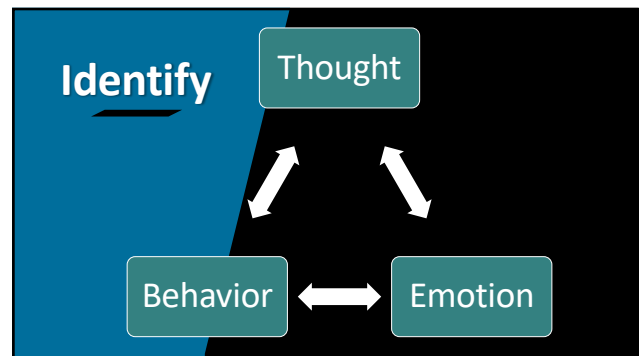
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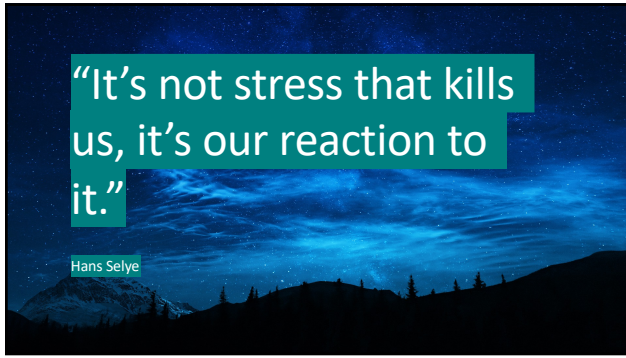
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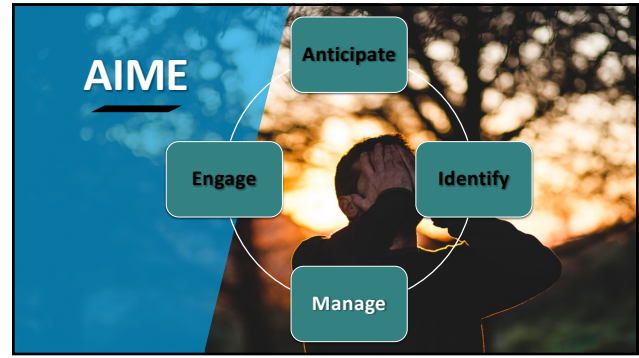
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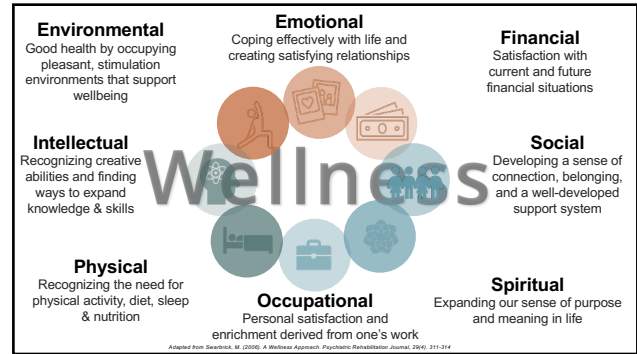
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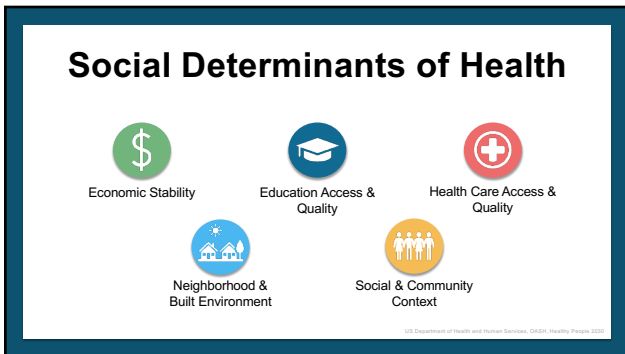
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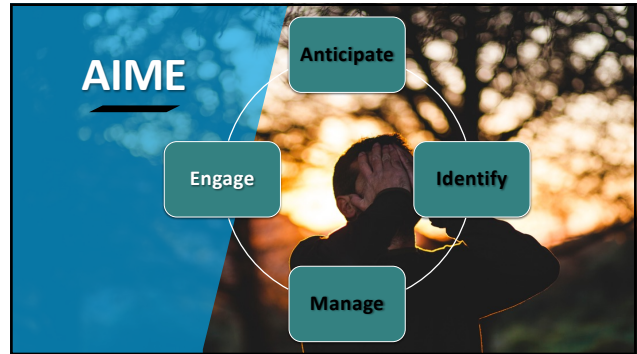
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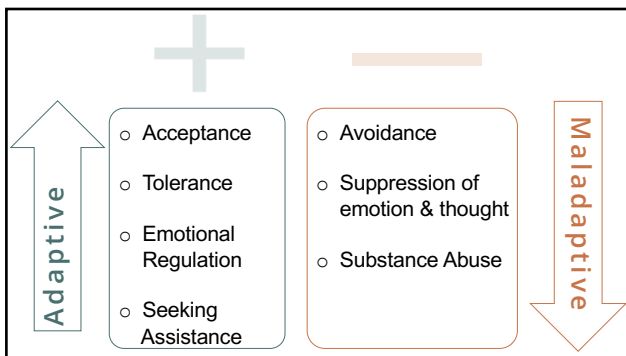
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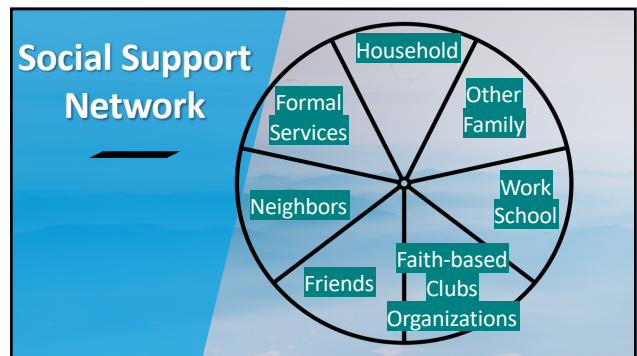
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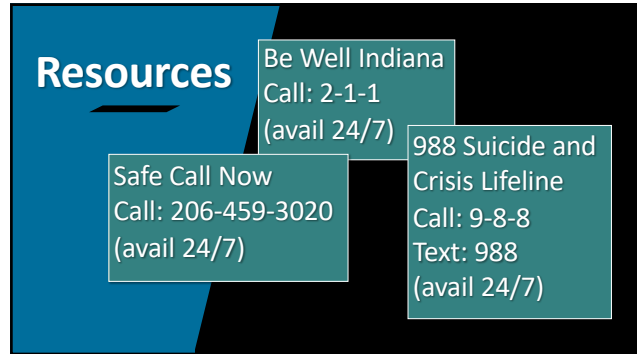
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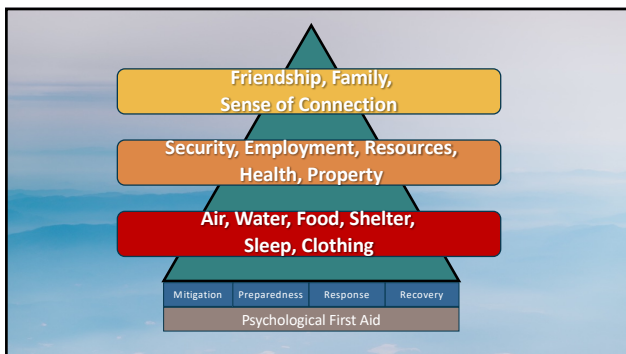
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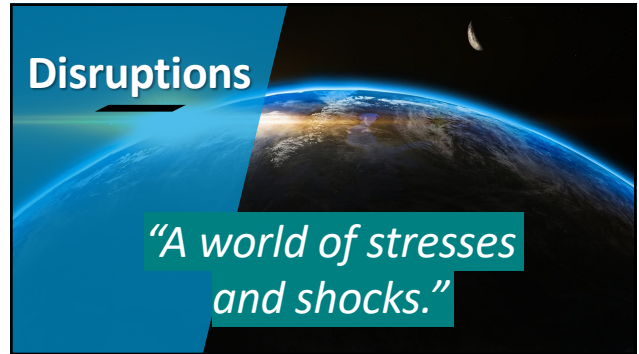
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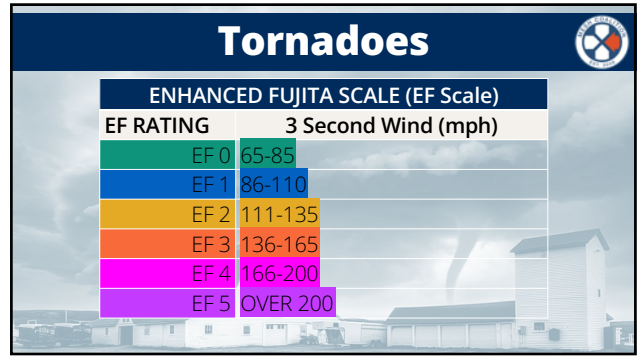
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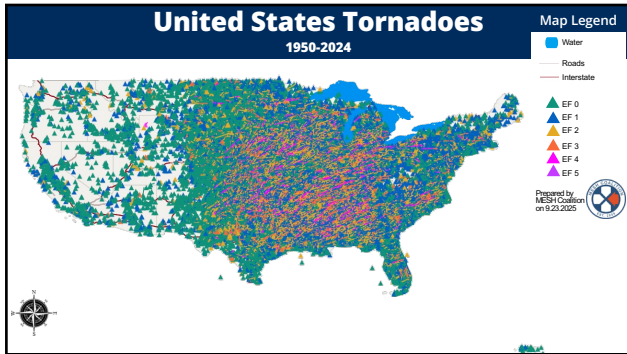
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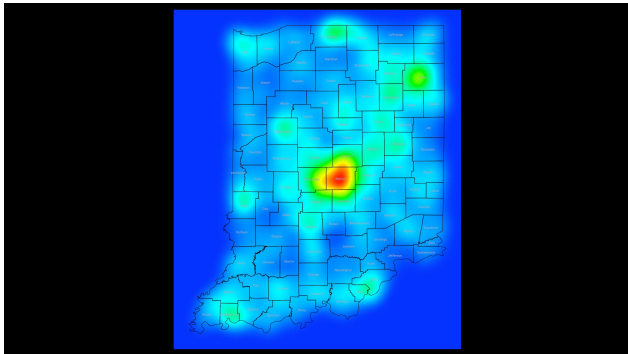
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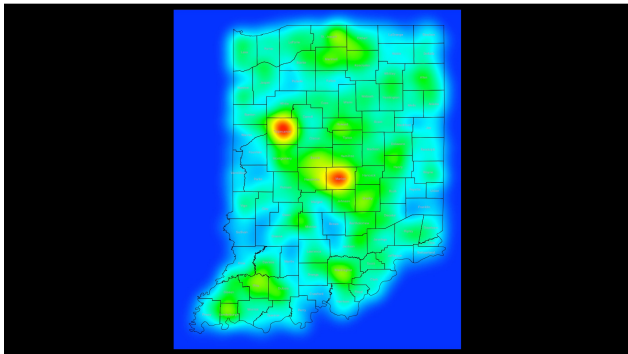
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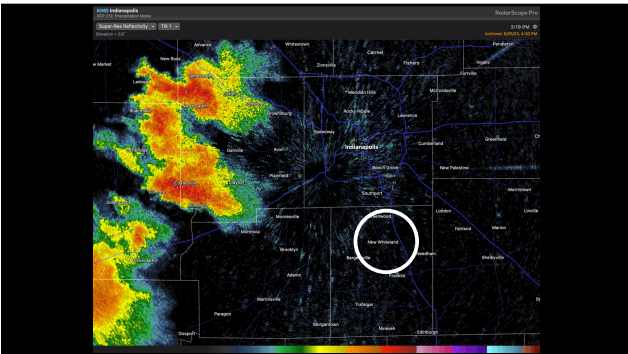
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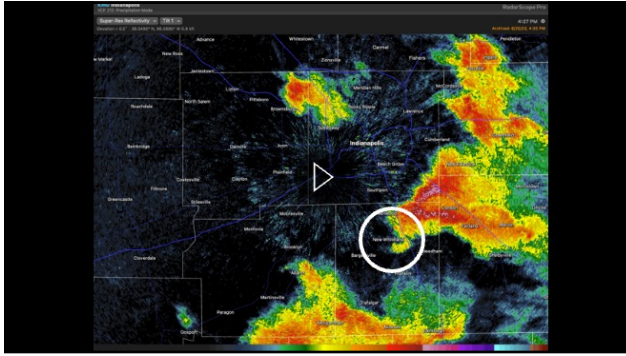
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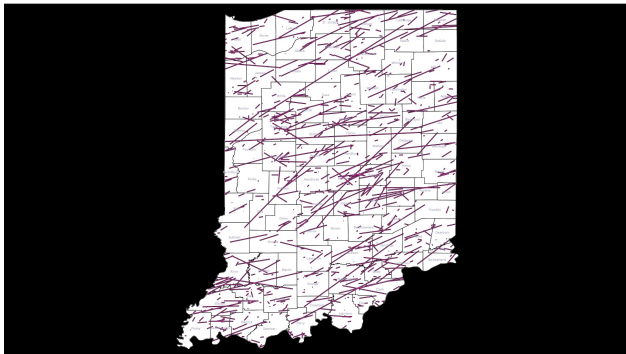
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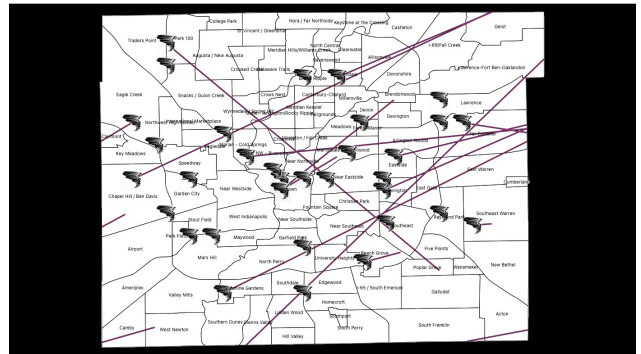
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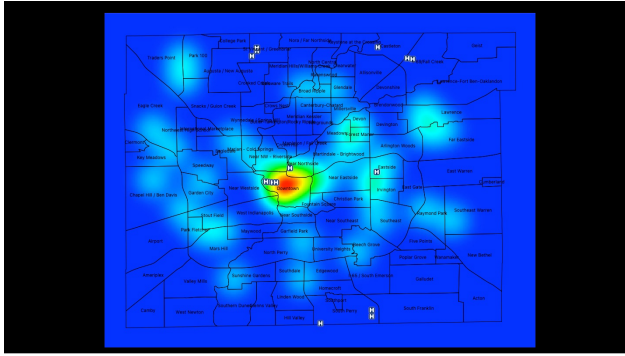
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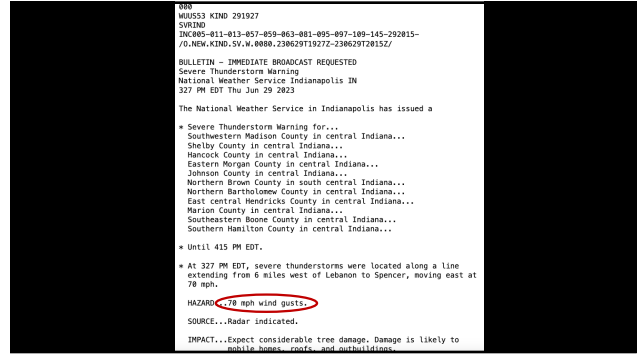
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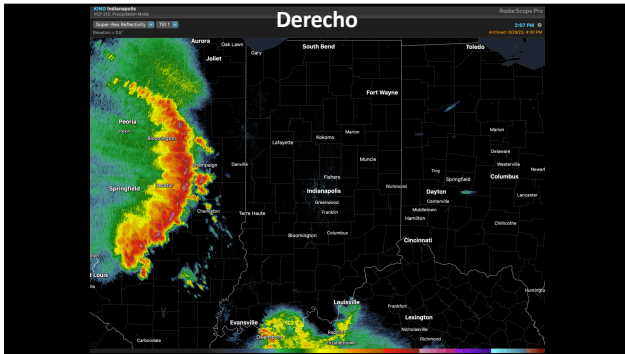
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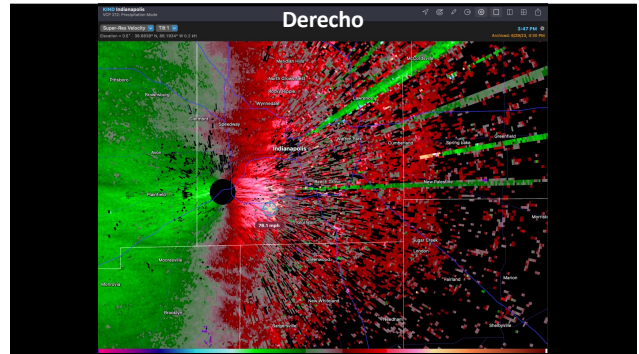
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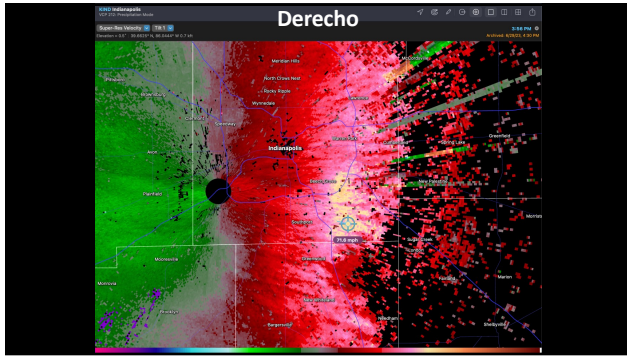
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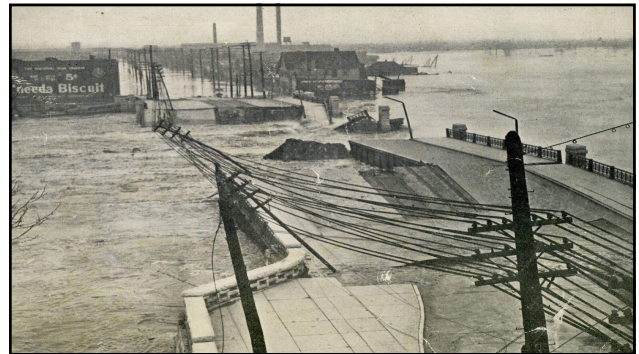
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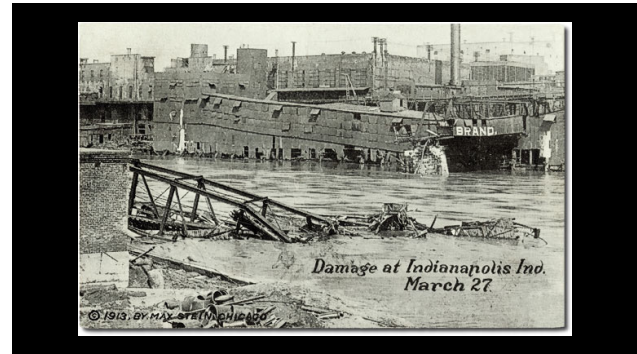
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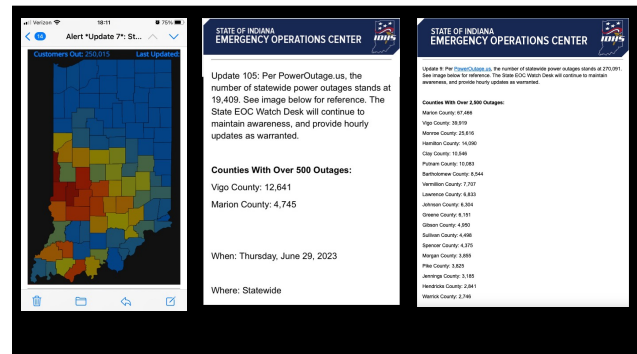
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5,621 June Preliminary Severe Weather Reports

1,095 reports above the 2013-22 average of 4,526

Severe Reports Legend

- Tornado
- Hail
- Wind
- Other Severe Weather

Storm Prediction Center
NWS, NOAA

Preliminary Severe Weather Report Database
National Weather Service
Reported on: 6/20/2013
Reported by: NWS

Relational: JUNE 2013 - All Severe Reports
2 June 2013 14:00 UTC

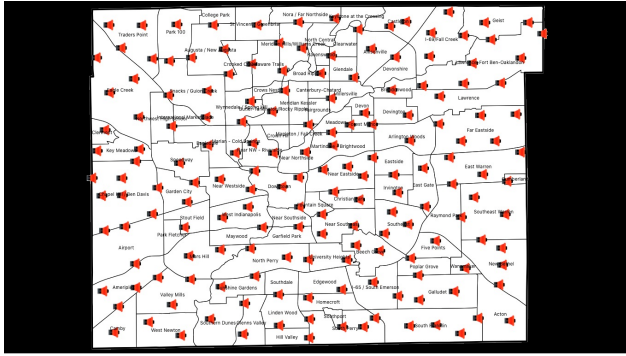
What Do You Think?



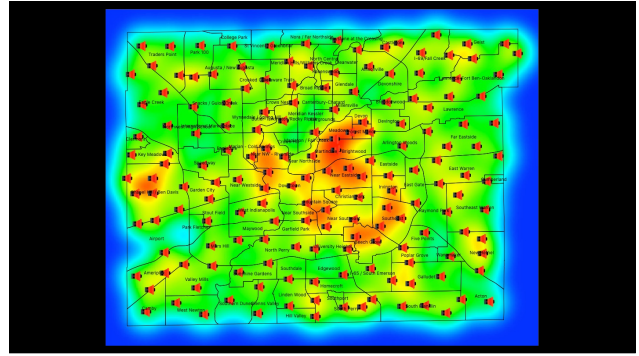
do **YOU** receive
her information?

A white Midland Tornado weather radio is shown next to a smartphone. The radio's LCD screen displays 'TORNADO' in large blue letters, with 'WEATHER' and 'NOISE' indicators on the left and right respectively. Below the screen are buttons for 'POWER', 'MODE', 'F1', 'F2', 'F3', 'F4', 'F5', 'F6', 'F7', 'F8', 'F9', 'F10', 'F11', 'F12', 'F13', 'F14', 'F15', 'F16', 'F17', 'F18', 'F19', 'F20', 'F21', 'F22', 'F23', 'F24', 'F25', 'F26', 'F27', 'F28', 'F29', 'F30', 'F31', 'F32', 'F33', 'F34', 'F35', 'F36', 'F37', 'F38', 'F39', 'F40', 'F41', 'F42', 'F43', 'F44', 'F45', 'F46', 'F47', 'F48', 'F49', 'F50', 'F51', 'F52', 'F53', 'F54', 'F55', 'F56', 'F57', 'F58', 'F59', 'F60', 'F61', 'F62', 'F63', 'F64', 'F65', 'F66', 'F67', 'F68', 'F69', 'F70', 'F71', 'F72', 'F73', 'F74', 'F75', 'F76', 'F77', 'F78', 'F79', 'F80', 'F81', 'F82', 'F83', 'F84', 'F85', 'F86', 'F87', 'F88', 'F89', 'F90', 'F91', 'F92', 'F93', 'F94', 'F95', 'F96', 'F97', 'F98', 'F99', 'F100'. The smartphone screen shows the iOS home screen with various app icons like Phone, Messages, Calendar, Photos, Camera, Weather, Clock, Maps, App Store, iTunes, and more.

72



73



74

Write Down

What is the difference between a WATCH and a WARNING?

75

Watch

A watch is used when the risk of a hazardous weather or hydrologic event has increased significantly, but its occurrence, location or timing is still uncertain.

76

Warning

A warning means weather conditions pose a threat to life or property. People in the path of the storm need to take protective action.

77

Ingredients



78

Tacos



79

TORNADO WATCH

A Tornado Watch is issued when **a tornado is possible.**

Know your safe place (storm shelter, basement, interior hall away from windows). Be ready to act quickly if a Warning is issued.

Be Prepared.



TORNADO WARNING

A Tornado Warning is issued when **a tornado is happening or about to happen.**

Immediately seek shelter in your safe place!

Take Action!

80

EXCESSIVE HEAT WATCH

An Excessive Heat Watch is issued when **dangerous heat is possible**.

Reschedule outdoor activities in the coming days. Make sure that children, the elderly, and pets have a place to cool off during the heat.

Be Prepared.

EXCESSIVE HEAT WARNING

An Excessive Heat Warning is issued when **dangerous heat is happening or about to happen**.

Avoid heavy activity & direct sunlight. Stay hydrated, find a cool indoor place, and check on children, elderly & pets.

Take Action!



81

Advisory

Advisories are for **less serious conditions** than warnings, that cause significant inconvenience and if caution is not exercised, could lead to situations that may threaten life or property.

82

Chips & Salsa



83

Blizzard Warning

Severe winter weather is expected within the next **12 to 36 hours** or is occurring -- including whiteout conditions. **Do not travel.**

take action.

Winter Storm Warning


Dangerous winter weather is expected within the next **12 to 36 hours** or is occurring. **Considerable travel problems** are expected.

take action.

Winter Weather Advisory

Potentially dangerous winter weather is expected within the next **12 to 36 hours** or is occurring. **Travel difficulties** are expected.

be aware.



84



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Sidewalks



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Pedestrian Struck



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Fires



91

Space Heaters



92



93



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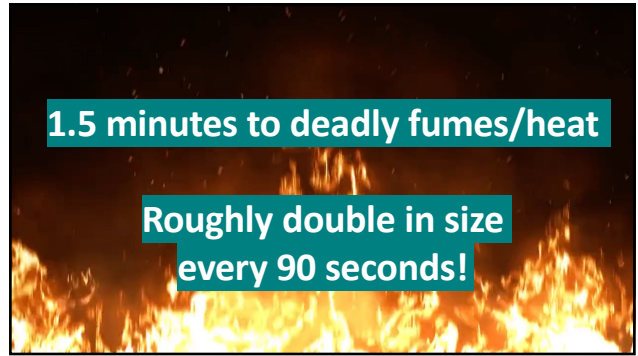
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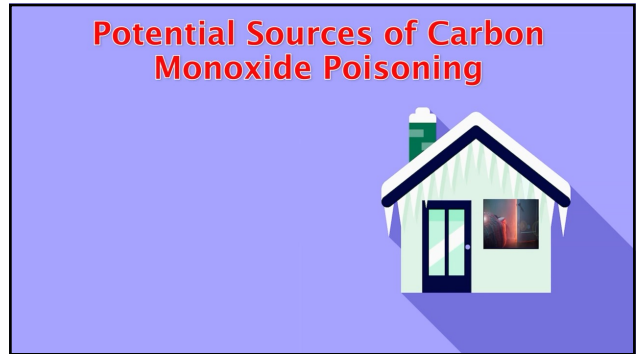
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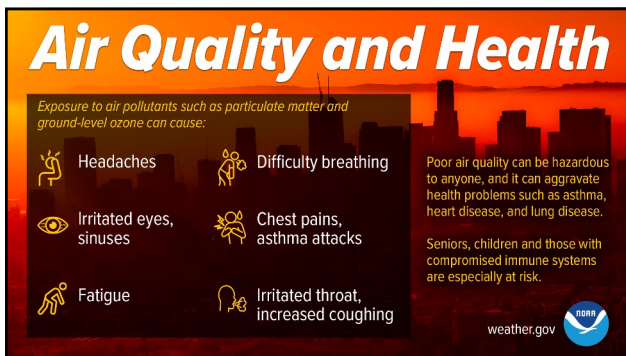
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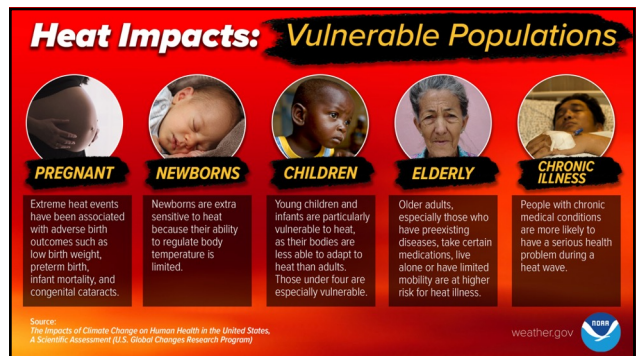
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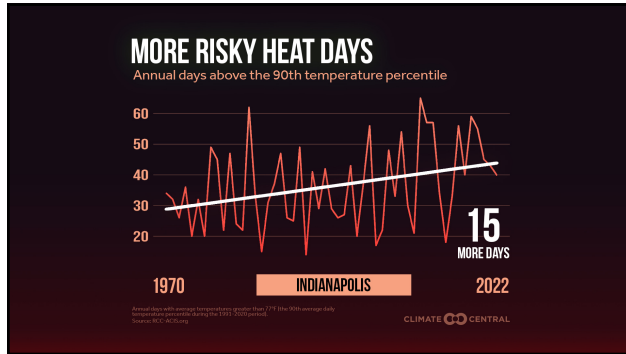
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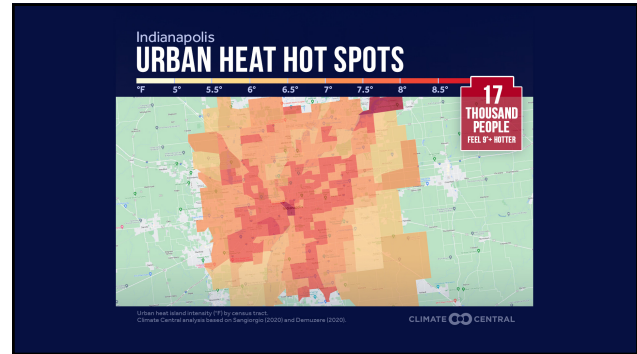
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STAY INDOORS DURING HEAT WAVES

- Stay indoors in **air conditioning** whenever possible. If your home doesn't have AC, check if your area has a cooling center.
- Remain hydrated by drinking **water** and avoiding alcohol.
- Check on those **most vulnerable** to heat, including children and the elderly.
- If you must go outdoors, go early or late in the day, and dress in light-colored clothing.

weather.gov

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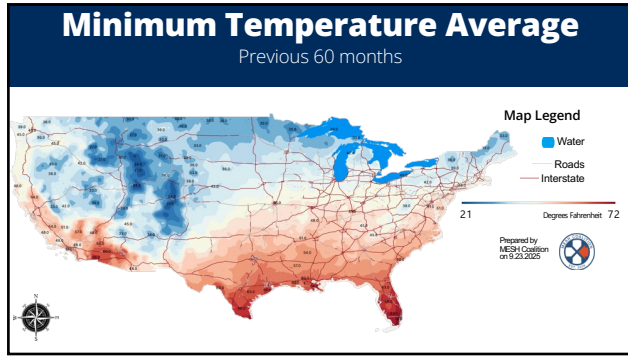
DON'T FORGET YOUR PETS

Even with a natural fur coat, winter can be deadly for your pets unless proper care is given.

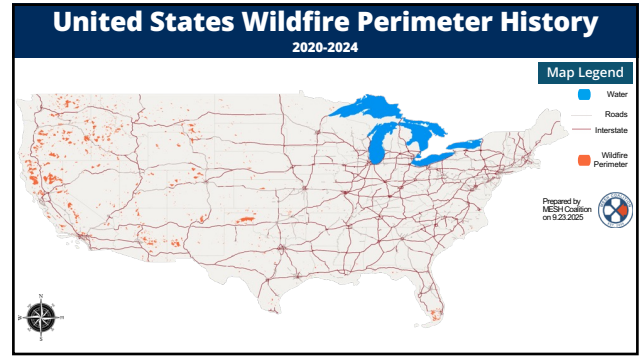
- Keep them warm and dry.** and indoors whenever possible.
- Provide plenty of food and water.** Dehydration is especially dangerous in winter.
- When outside, keep them bundled up.** Limit outside time, and thoroughly clean (including paws) when bringing them in.

weather.gov

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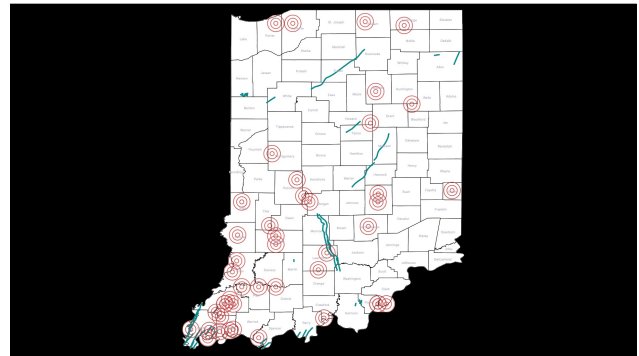
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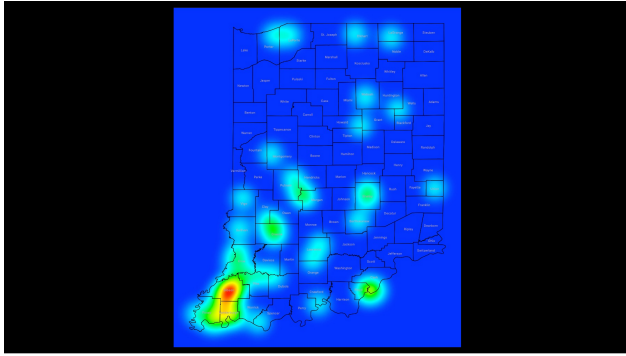
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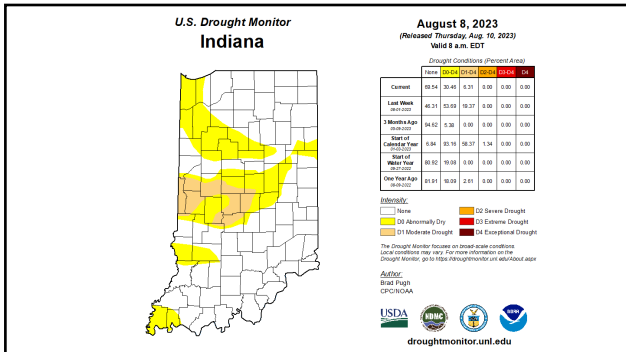
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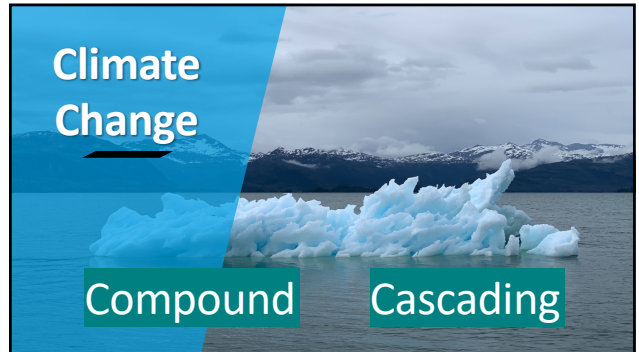
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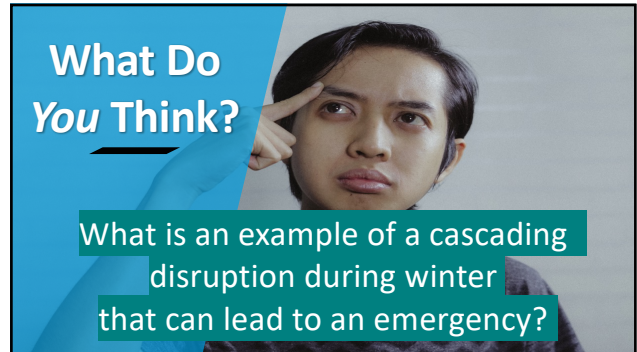
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120

Violence

226 Homicides
(2022)

121

Panger

Research has shown an increase in frustration, agitation and anger throughout the course of the COVID-19 pandemic. Pandemic anger, or "panger," is a real mental health concern many people are dealing with.

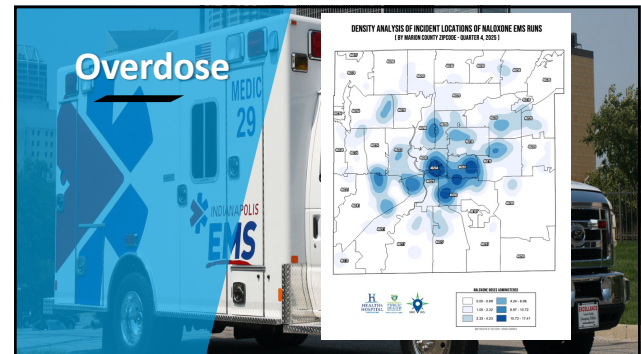
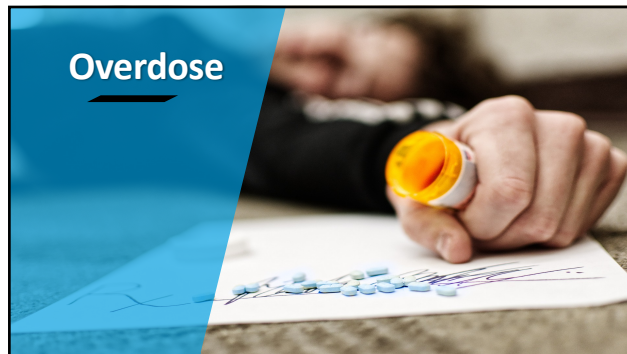
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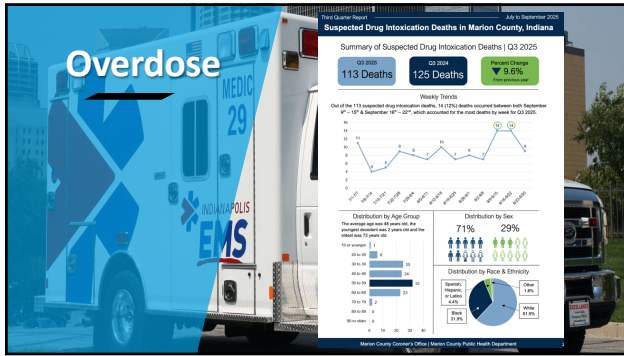
Overdose

123

Overdose

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Overdose Resources

988 Suicide & Crisis Lifeline
Call 988 or 988indiana.org

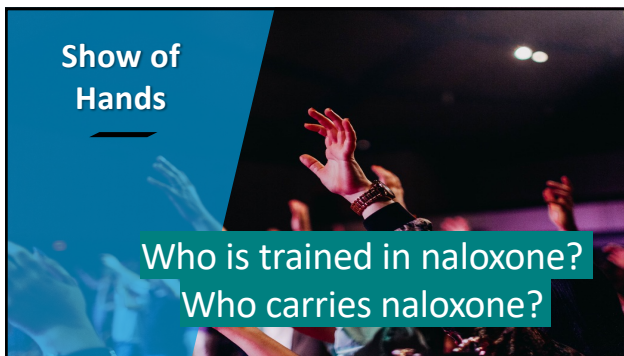
Veterans Crisis Line
800-273-8255 or Text 838255 or 988 & press 1

US National Overdose Prevention Line
800-484-3731 or 877-696-1996
Neverusealone.com

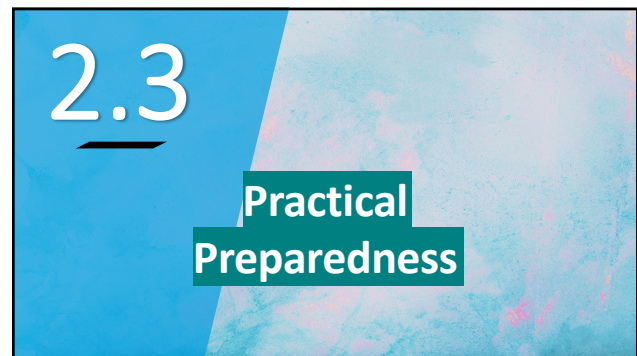
Findtreatment.gov

PDAPS https://pdaps.org/datasets/good-samaritan-overdose-laws_1501605153

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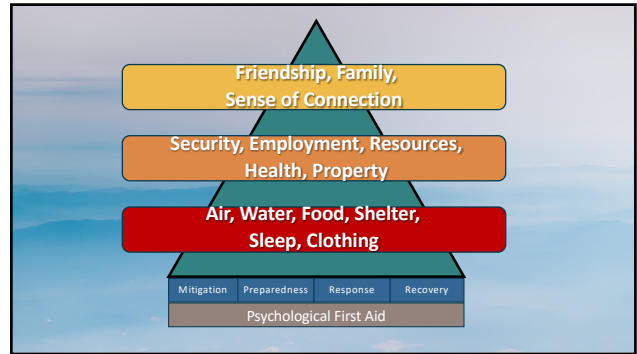
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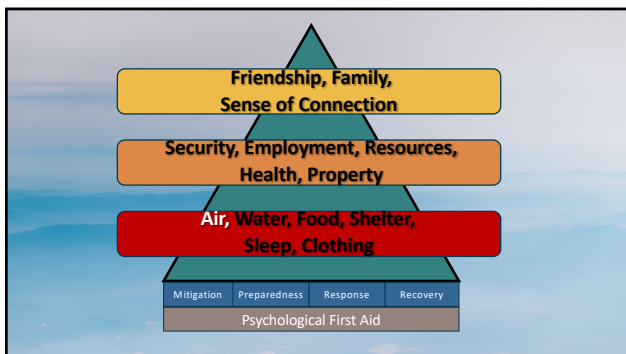
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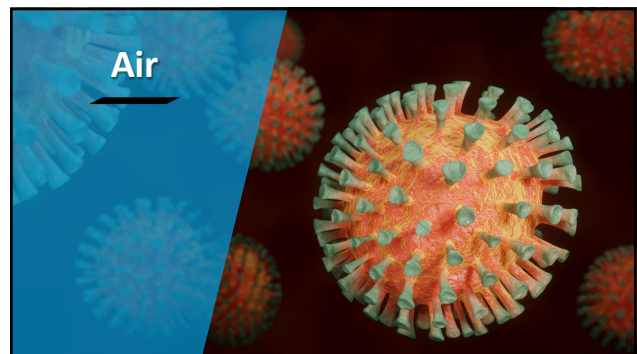
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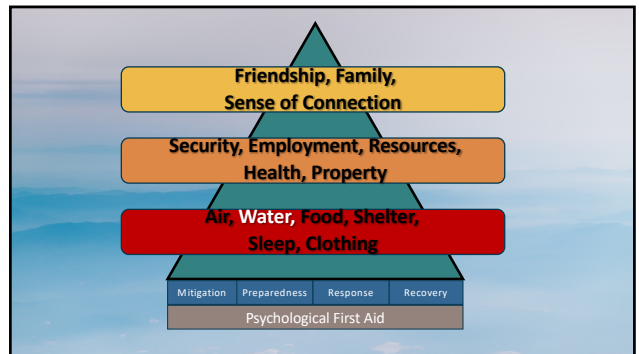
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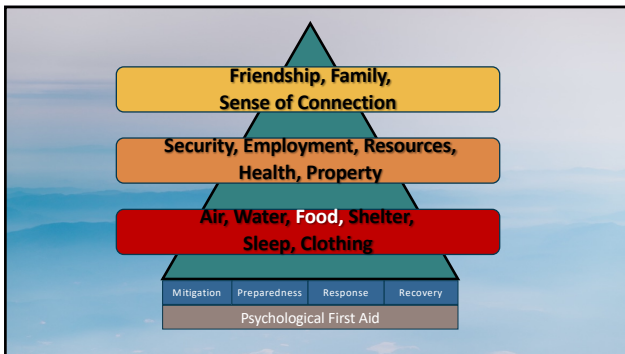
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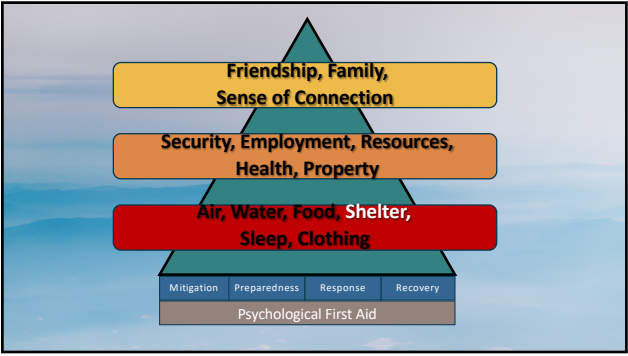
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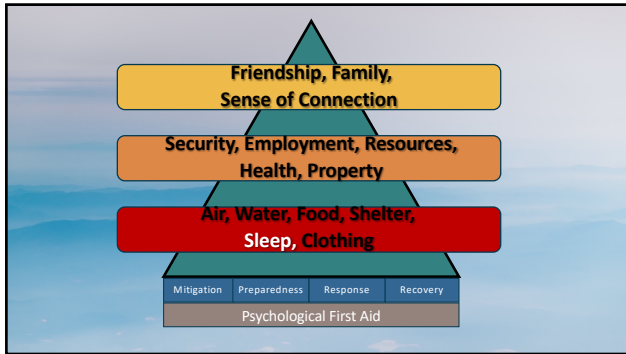
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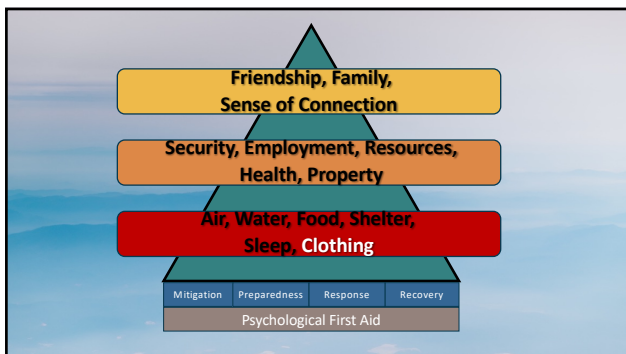
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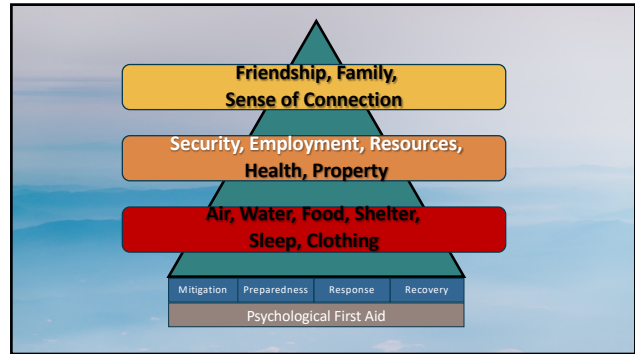
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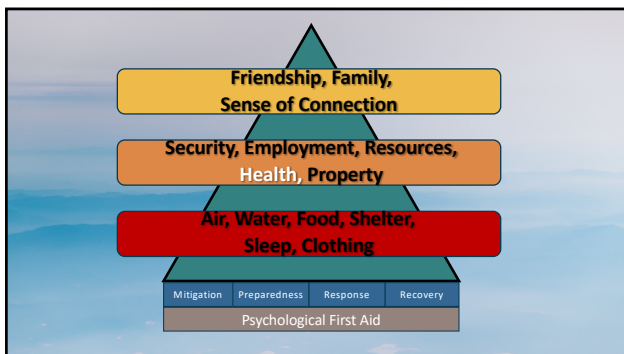
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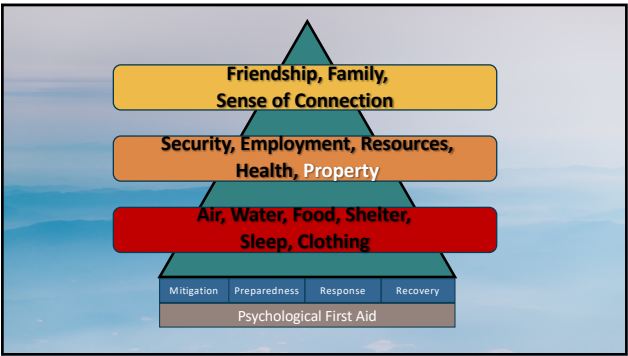
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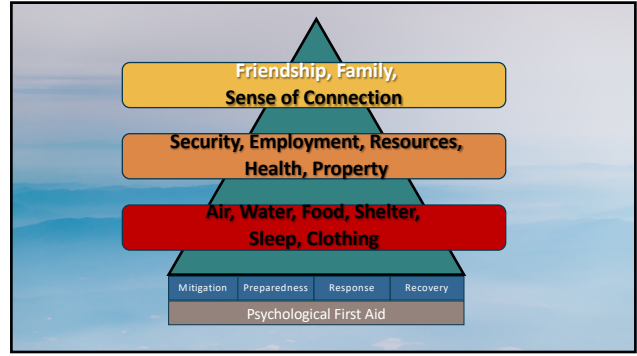
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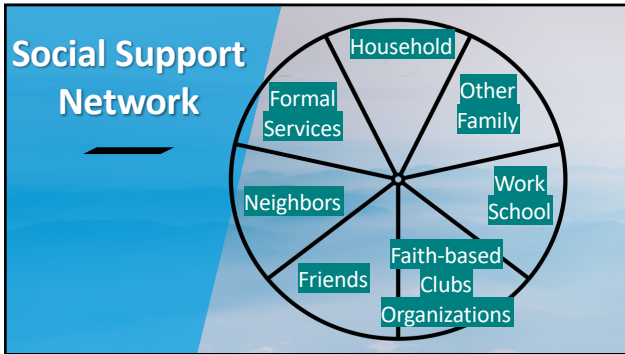
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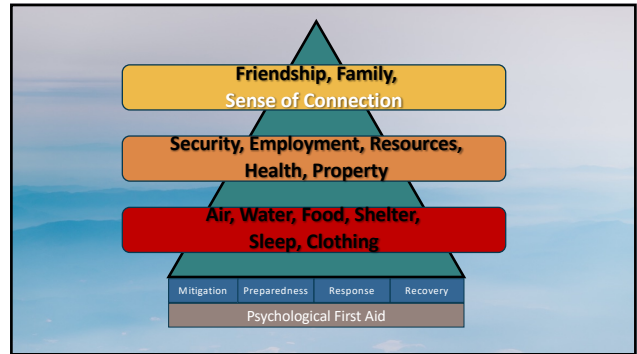
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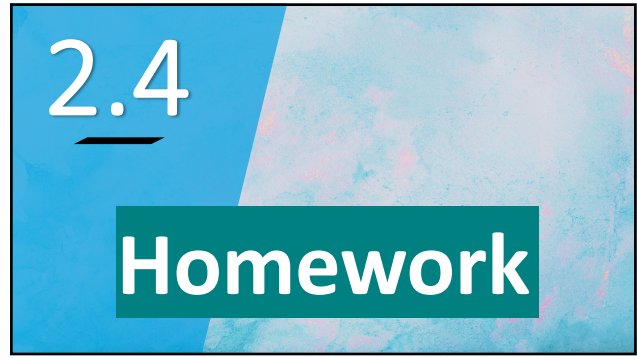
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